

## Learning Objectives

Participants will learn:

1. How to stay calm and be an effective parent
2. Proven techniques that work with out of control children.
3. Parenting styles that create harmony among siblings.
4. How to regulate household chores and duties.
5. Adaptive techniques that remove intense emotions and promote teamwork.
6. How to identify and manage personality differences among siblings.
7. The importance of healthy roles, rules, rituals and routines.

### Program Manager

Cary Pilet, ARNP, MSN

Cary specializes in family practice medicine. Over the past ten years she has created an individualized parenting program that was the outcome of a decades worth of work in observing and integrating parenting materials that benefited the families she treated. She is

the coauthor of the award winning book "*Love, Lost and Found.*"

### How do I register?

Call us at (813) 933-8865 or go to [www.InterventionsInc.com](http://www.InterventionsInc.com)

### What if I'm Nervous?

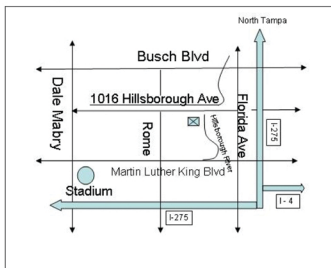
We expect you to be nervous, anxious, or even angry; most find it difficult to attend the first class. However, our job is to make you comfortable so that you can learn in a relaxed environment.

***Change is a process of  
exercising alternative behaviors  
and experiencing positive  
feedback rewards.***

### Office Hours:

Monday – Friday 8:30 am -- 9:00 pm  
Saturday 8:30am -1pm

\* Group Times Vary. However there are various Day, Night and Weekend group meetings.



# Basic Parenting Program

Specifically designed to provide immediate results for family problem solving



### ***Interventions Enterprises, Inc.***

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[www.InterventionsInc.com](http://www.InterventionsInc.com)

***"Making a Difference  
... In a Difficult World"***

**Serving Tampa Since 1993**

Approved provider 13<sup>th</sup> Judicial Circuit  
Hillsborough County, Florida

## Who would benefit from this program?

Parents, Grand Parents, Step-Parents or Guardians

When family conflict or stress levels rise to a point where parenting becomes lost in chaos.

## What can I expect from this program?

Proven methods that give immediate assistance and direction for positive change. Hands-on assistance from your parenting coach.

## What if my family issues are unique?

This program is designed for you. Our program is tailored to your needs. Your facilitator will become familiar with your situation and provide individualized guidance and assistance.

## How many classes are there?

There are ten 1 ½ hour classes in this program that can be taken twice a week for 5 weeks.

## MISSION STATEMENT

*We are committed to helping individuals and families learn the skills necessary for problem solving in meeting their goals so that they can be happy and prosperous.*

## Why might I benefit from this program?

- Professionals working with you one-on-one to give personalized guidance that is directed to your individual family needs.
- You will be given immediate feedback as you restructure your family with a more meaningful set of roles, rules, rituals and routines.
- A personalized parenting plan that allows you to work toward achieving an effective style.
- Free follow-up for 6 months after you complete the classes.

## Instructional Materials:

All materials are provided to include: Workbook, Handouts, and Study Guide at additional cost.

*If, for any reason, you are not satisfied, we can refund your fees and refer you to another agency*

## Other Services Available:

- Anger Management
- Domestic Violence
  - Batterer
  - Non-offending partner
- Substance Abuse
  - Out-Patient Treatment
  - Psycho-educational
- High Conflict Parenting
- Individual Counseling
- 5 Minute Drug Screens

